World Nutrition

ISSN 2041-9775 Volume 3, Number 7, July 2012 Journal of the World Public Health Nutrition Association Published monthly at www.wphna.org



EditorialNutrition and nourishmentCommentary; The best food on earthEnrique JacobyPeru: As good as it getsCommentary: ObesityBoyd SwinburnGovernments must do their dutyCorrespondence:Elisabeth Sterken: Ultra-processed young child productsReggie Annan: Professional competence in Africa

World Nutrition

Volume 3, Number 7, July 2012

Journal of the World Public Health Nutrition Association Published in the UK monthly at www.wphna.org

The Association is an affiliated body of the International Union of Nutritional Sciences For membership and for other contributions, news, columns and services, go to: www.wphna.org

Publishing and editorial Board

Philip James (Chair) Geoffrey Cannon, Ted Greiner, Roger Hughes, Urban Jonsson, Harriet Kuhnlein, Shiriki Kumanyika, Barrie Margetts, Carlos Monteiro, Walter Willett

Editor

Geoffrey Cannon

Assistant editors

Reggie Annan Fabio Gomes

Web manager

Martin Evans, *Pewter Internet Solutions*

World Nutrition and *WN* are the names of the journal of the World Public Health Nutrition Association. ISSN 2041-9775. All rights reserved. Copyright in contributions to **World Nutrition** is retained by their authors.

The opinions expressed in contributions to **World Nutrition**, and all other contributions to the website of the World Public Health Nutrition Association (the Association) are those of their authors. They should not be taken to be the view or policy of the Association, or of any of its affiliated or associated bodies, unless this is explicitly stated.

World Nutrition

Volume 3, Number 7, July 2012

Journal of the World Public Health Nutrition Association Published in the UK monthly at www.wphna.org

The Association is an affiliated body of the International Union of Nutritional Sciences For membership and for other contributions, news, columns and services, go to: www.wphna.org

Contents



Gastón Acurio, Peru's most famous ccelebrity chef, in a real market in Lima. In this issue of WN Enrique Jacoby reckons that Peruvian cuisine hits the spots – it is nutritious as well as nourishing

Editorial	289-293
Nutrition and nourishment	
Commentary: The best food on earth	294-306
Enrique Jacoby	
Peruvian cuisine: As good as it gets	
Commentary: Obesity	307-325
Boyd Swinburn	
Governments must do their duty	
Correspondence: Ultra-processing	326-327
Elisabeth Sterken	
Troublesome claims and descriptions	
Correspondence: Professional competence	328-331
Reggie Annan	
We need to work together in Africa	